

RECIPES

Spicy Roasted Edamame

INGREDIENTS:

2 cups frozen shelled edamame, thawed and dry
2 teaspoons olive oil
½ tsp chili powder
¼ tsp dried basil
¼ tsp onion powder
¼ tsp ground cumin
1/8 tsp paprika
1/8 tsp ground black
pepper
¼ tsp salt

INSTRUCTIONS:

- 1. Preheat oven to 375°.
- 2. Place thawed edamame on pan or mixing bowl, drizzle with olive oil then sprinkle with the spices, salt and pepper.
- 3. Spread edamame on baking sheet in single layer.
- Bake for 20-25 minutes on middle rack stirring once halfway through baking.
- 5. Edamame should be slightly brown and crispy when done.

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Adapted from http://allrecipes.com/recipe/135534/spicyroasted-edamame/