

# RECIPES

## Savory Herb Corn Muffins

### **INGREDIENTS:**

#### **Cooking spray**

½ Tbsp olive oil

½ cup finely diced onion

½ cup finely diced mushrooms

½ cup finely diced red bell pepper

1 cup chopped fresh spinach

1 14-17oz box corn muffin mix

6oz Cabot Sharp Extra Light Cheddar, grated

1 Tbsp dried thyme leaves

1 tsp dried rosemary leaves, crumbled

2/3 cup Cabot 2% Plain Greek-Style Yogurt

2 large eggs

#### **INSTRUCTIONS:**

- 1. Preheat oven to 400°F
- 2. Heat oil in large skillet over medium-high heat.
  Add onions, mushrooms, and red peppers and cook, stirring often, until tender, about 5 minutes. Add spinach and cook until spinach wilts, 1-2 minutes longer; set aside.
- 3. In a large bowl, stir together muffin mix, cheese, thyme and rosemary; stir in yogurt, eggs, and reserved vegetables until no dry mixture remains. Fill each muffin cup about two thirds full.
- 4. Bake for 15-20 minutes or until golden brown on top and toothpick inserted in center comes out clean.

Makes 12 servings



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