

RECIPES

Cherry Almond Granola

INGREDIENTS:

4 cups rolled oats

1 cup shredded coconut, unsweetened

1/2 cup flaxseeds, ground

1/2 tsp salt

1/2 cup coconut oil

1/2 cup agave nectar

1/4 cup brown sugar

1/4 cup water

2 tsp almond extract

2 cups slivered almonds

2 cups dried cherries

INSTRUCTIONS:

- 1. Preheat the oven to 300F. Line two baking sheets with parchment paper and set aside.
- 2. In a bowl combine oats, coconut, ground flaxseeds, and salt. In a small sauce pan heat the coconut oil, agave nectar, brown sugar, and water, stirring until sugar has completely dissolved. Removed from heat, add almond extract, and transfer to a large bowl.
- Slowly add oat mixture to the wet ingredients, mixing while adding until all the oats are fully hydrated. Mix in almonds and spread evenly over both baking trays.
- 4. Bake for about 40 minutes, stirring every 10 minutes, until oats are golden brown. Remove from oven and let sit for 10 minutes.
- 5. Stir in the cherries, breaking apart the larger clumps of granola as needed, then allow it to cool completely.
- 6. Store in an airtight container.

Makes about 8 cups

For more recipes, visit wjmc.org/recipes or call 504.349.1232





From: http://www.thesweetlifeonline.com/2014/04/07/cherry-almond-granola/