Welcome back!

The new normal of West Jefferson Fitness Centers

Things are a little different; however, our fitness centers are strictly abiding by government guidance including the Louisiana Department of Health and state fire marshal to fight the spread of the virus and protect our members.

We are taking extra precautions to make your safety our top priority. In addition to our existing safety protocols, we’ve added measures to help keep you well.

We’re keeping your safety at heart
• Practicing social distancing of six feet
• Limiting occupancy on equipment
• Requiring masks be worn by all members, including while engaging in exercise activities, in all areas. (Mask must cover your nose and mouth)
• Checking temperatures of all our members and staff
• Limiting workouts to 60 minutes or less per member
• Supplying sanitizing stations and equipment wipes around our facilities
• Performing deep cleanings to high touch surfaces
• Offering group fitness classes at our Terrytown location
• Offering massage services at our Terrytown location

Services temporarily unavailable
• Pool and spa
• Kids program
• Guest membership

New hours of operation

Marrero
Monday–Thursday: 5 am–9 pm
Closed Friday, Saturday, and Sunday

Terrytown
Monday–Friday: 5 am–7 pm
Saturday: 7 am–3 pm
Closed Sunday

Member portal
You can manage your account, review your membership, reserve a spot in a group fitness class, check capacity, and schedule a massage appointment and more.

Visit wjmc.org/fitnesscenter
Click on “My Account”

For questions, please call 504.349.6164
wjmc.org/fitnesscenter