



West Jefferson
Medical Center

FEB 11 – FEB 17, 2019

Breakfast: 6:30-9:30am • Lunch: 11am-2pm • Dinner: 5-7pm **aramark**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>ENTRÉE Red Beans Sausage Beef Enchiladas</p> <p>SIDES Steamed Broccoli Roasted Carrots White Rice Santa Fe Potatoes</p> <p>SOUP Beef & Vegetable Butternut Squash</p>	<p>ENTRÉE Spaghetti & Meatballs Turkey A La King</p> <p>SIDES Cob Corn Seasoned Spinach Garlic Toast Spaghetti</p> <p>SOUP Beef & Vegetable Clam Chowder</p>	<p>ENTRÉE White Beans Sausage Fried Chicken</p> <p>SIDES Garlic Roasted Veggies Bacon Onion Green Beans White Rice Macaroni & Cheese</p> <p>SOUP Beef & Vegetable Chicken Tortilla</p>	<p>ENTRÉE Cranberry Apple Pork Shrimp Etouffee</p> <p>SIDES Zucchini & Kale Collard Green Mashed Potatoes White Rice</p> <p>SOUP Beef & Vegetable Spicy Lentil & Kale</p>



**Tuesday @
Lunch**

**Hot
Tamales!**

FRIDAY	SATURDAY	SUNDAY
<p>ENTRÉE Fried Fish Gumbo BBQ Turkey</p> <p>SIDES Balsamic Glazed Carrots Seasoned Corn Macaroni & Cheese White Rice</p> <p>SOUP Beef & Vegetable Gumbo</p>	<p>ENTRÉE Rotisserie Chicken Baked Ham</p> <p>SIDES Steamed Broccoli Grilled Carrots Roasted Potatoes Yellow Rice</p> <p>SOUP Beef & Vegetable</p>	<p>ENTRÉE Teriyaki Pork Meat Lasagna</p> <p>SIDES Green Peas Cauliflower Confetti Rice Spicy Corn and Sweet Potato Hash</p> <p>SOUP Beef & Vegetable</p>

**Thursday
@ Lunch**

**Po-Boys
&
Soul Pie**