

1101 Medical Center Boulevard
Marrero, LA 70072
(504) 347-5511

CALENDAR OF HEALTH EVENTS – February 2020

Grief and Loss Support Group

February 5
6:00pm – 7:00pm

*West Jefferson Medical Center
Gretna Classroom
1101 Medical Center Blvd. - Marrero*

Free support group open to adults who have experienced the death of a loved one or other significant loss. Facilitated by a Licensed Therapist. Future meetings are planned for the 1st and 3rd Wednesday of each month. For more information and to register (requested), call the Grief Resource Center at (504) 418-0791. Hosted by The Akula Foundation.

Weight Loss Surgery Seminar

February 6
February 18
6:00pm

*Center for Surgical Weight Loss-West Jefferson
1111 Medical Center Blvd. – Suite S-860 - Marrero*

Free seminar for those considering weight loss surgery. Future meetings are planned for the 1st Thursday and 3rd Tuesday of every month. For more information and to register (requested), call (504) 349-6860. Hosted by the Center for Surgical Weight Loss at West Jefferson Medical Center.

Cooking for a Cure Program

February 11
5:00pm – 6:00pm

*West Jefferson Rehab Connection
4519 Westbank Expressway - Marrero*

Free program for patients, friends, family and caregivers that focuses on quick, easy and healthy recipes to help your body fight cancer and to give you more energy! No cooking experience required! Future meetings are planned for the 2nd Tuesday of each month. For more information and to register (required), call (504) 349-1232 so we can prepare enough samples. Hosted by the Cancer Center at West Jefferson and the West Jefferson Hospital Foundation.

Wig Clinic Program

February 12

1:00pm

*Cancer Center at West Jefferson
Conference Room
4511 Westbank Expressway - Marrero*

Free program for cancer patients. Patients can bring their wigs to be styled by a professional hair stylist or they can get a wig from our supply. Future meetings are planned for the 2nd Wednesday of each month. For more information and to register (required), call (504) 349-1232. Hosted by the Cancer Center at West Jefferson and the West Jefferson Hospital Foundation.

AARP Defense Driving Classes

February 17

5:00 PM – 9:00 PM

*West Jefferson Medical Center
Marrero/Westwego Classroom
1101 Medical Center Blvd. - Marrero*

The AARP Smart Driver™ course is recognized as an approved Defensive Driving Course by the Louisiana Department of Public Safety and Corrections. Drivers age 55 and older may be eligible for an automobile insurance reduction discount up to 10% good for three years after successfully completing this course. Please check with your insurance company or agent for any additional requirements for eligibility. For more information and to register (required), call (504) 349-1134. For other locations in region, also visit the AARP website at www.aarp.org. Hosted by West Jefferson Medical Center Guest Services with the Auxiliary to West Jefferson Medical Center and Community Relations.

Weight Loss Surgery Seminar

February 6

February 18

6:00pm

*Center for Surgical Weight Loss-West Jefferson
1111 Medical Center Blvd. – Suite S-860 - Marrero*

Free seminar for those considering weight loss surgery. Future meetings are planned for the 1st Thursday and 3rd Tuesday of every month. For more information and to register (requested), call (504) 349-6860. Hosted by the Center for Surgical Weight Loss at West Jefferson Medical Center.

Grief and Loss Support Group

February 19

6:00pm – 7:00pm

*West Jefferson Medical Center
Gretna Classroom
1101 Medical Center Blvd. - Marrero*

Free support group open to adults who have experienced the death of a loved one or other significant loss. Facilitated by a Licensed Therapist. Future meetings are planned for the 1st and 3rd Wednesday of each month. For more information and to register (requested), call the Grief Resource Center at (504) 418-0791. Hosted by The Akula Foundation.

Courage Caps Program

February 20

5:00pm – 6:00pm

*Cancer Center at West Jefferson
Cancer Center Waiting Area
4513 Westbank Expressway - Marrero*

Free program made up of volunteer crafters making a difference through crocheting. Group participants, all volunteers, make hats and other crochet items to comfort cancer survivors especially during active treatment. If you don't know how to crochet, experienced crafters would enjoy teaching you how to do this wonderful skill to help others. The items made by group participants offer comfort and courage to persons fighting their battle with cancer. Group is comprised of novices and experienced crafters. Future meetings are planned for the 3rd Thursday of each month. For more information, to make a donation and to register (requested), call (504) 349-2181. Hosted by the Cancer Center at West Jefferson Medical Center and the West Jefferson Hospital Foundation.

Bariatric Support Group

February 24

6:30pm

*West Jefferson Fitness Center
1121 Medical Center Blvd. - Marrero*

Free support group for surgical weight loss patients as well as those considering weight loss surgery. Future meetings are planned for the 4th Monday of each month. For information, call (504) 349-6164. Hosted by the West Jefferson Fitness Center.
