



Diabetes Resources
for Older Adults



Please consider joining us for this **FREE** event!

In the U.S., there are currently 29.1 million people living with diabetes and more seniors have diabetes than any other age group – 11.8 million, or 25.9 percent, of all people age 60 and older.

The American Diabetes Association and CVS Health invite you to our 2017 **Diabetes Educational Boot Camp Series**. The half-day events are designed to help seniors learn more about diabetes self-management and engage in nutrition education and physical activities, and will be offered at senior centers throughout the state.

West Jefferson Medical Center Fitness Center
1121 Medical Center Blvd. | Marrero, LA 70072

August 18, 2017
10:00 a.m. –2:00 p.m.

FREE LUNCH
for all attendees!

For more information: Call (504) 889-0278 extension 6072

Visit www.diabetes.org/seniors



Special thanks to our
community sponsor!

