



FRIDAY, FEBRUARY 3, 2012  
NATIONAL WEAR RED DAY®



# Heart disease is still the No. 1 killer of women.

## Risk Factors:

- High blood pressure
- High blood cholesterol
- Diabetes
- Inactivity
- Smoking
- Obesity

The Red Dress® is a red alert to take heart disease seriously. Talk to your doctor. *The Heart Truth* is, it's best to know your risks and take action now with your HeartAware test: <http://bit.ly/wEOW6l>



Scan for WJMC Cardiology  
Information & HeartAware Test