

2018 Class Schedule

The Family Birth Place



Labor and Birth

Learn what to expect during labor.
Includes tour of The Family Birth Place.

9:00 am - 2:00 pm

July 14	October 6
August 11	November 10
September 15	December 1

Lamaze/Prepared Childbirth

2 day course includes 4 meals
and textbook. Call early in
pregnancy to schedule.

10:00 am - 4:30 pm

August 4 & 18
September 8 & 22
November 3 & 17

\$100 per couple

Breastfeeding Courses

ABC's of Breastfeeding

Discusses basics and concerns.

7:00 pm - 9:30 pm

July 10	October 2
August 7	November 6
September 11	December 4

Breastfeeding SOS

Assistance for new moms and
babies learning to breastfeed.
Private appointment.

Call (504) 349-6004 (Lila) or
(504) 349-1301 (Pam)

Caring For Your Newborn

Registered nurse discusses
newborn behavior and care.

1:00 pm - 4:30 pm

July 28	October 20
August 25	November 24
September 29	December 8

"Happy Baby on the Block" Seminar

Hosted by Parenting Center
at Children's Hospital.
Classes Held at WJMC.

7:00 pm - 9:00 pm

July 17	November 13
September 18	

To register, call (504)896-9591
or e-mail
chparenting@lcmchealth.org

Sibling T.L.C.

For children 3 years and older. Prepares
them for arrival of mom's new baby.

10 am / *2:30 pm

July 14*	October 20
August 25	November 24
September 15*	December 1*

Ready to Register?

Have Questions? Leave a Message.
(your call will be returned as soon as possible)

(504) 349-6200

Other Community Services

Family and Friends CPR

Basic introduction course for
family and friends.

7:00 pm - 9:30 pm

July 24	October 23
August 21	November 20
September 25	December 11

**\$15 per person or
\$25 per couple**

Infant Safety and First Aid

7:00-9:30 pm

August 14	October 9
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Free Car Seat Checkups

By Appointment

Call (504) 349-2173

Mother-Daughter Rap

Breakfast discussion for mothers
and pre-teen girls.

9:00 am - 11:00 am

July 28	December 8
September 29	

\$25 per couple

Babysitters Course for Teens/Young Adults

Must be at least 11 years old.
Condensed Red Cross course. Fee
includes textbook, CD ROM and lunch.

11:00 am - 4:30 pm

November 23	December 28
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\$55 per person

El Nuevo Centro De Maternidad Clases Prenatales En Espanol

Las clases seran ofrecidas para los actuales y futuros padres: Trabajo de Parto y Nacimiento, Tecnicas de Amamantamiento y Primeros Auxilios. Por favor llamar a Claudia al (504) 349-1821 para las fechas de inscripcion.

Most classes are free.
Classes that require a fee are indicated. Pre-registration is required!