

2018 Class Schedule

The Family Birth Place



The Family Birth Place

Labor and Birth

Learn what to expect during labor.
Includes tour of The Family Birth Place.

9:00 am - 2:00 pm

January 6	April 14
February 10	May 5
March 10	June 9

Lamaze/Prepared Childbirth

2 day course includes 4 meals
and textbook. Call early in
pregnancy to schedule.

10:00 am - 4:30 pm

February 3 & 17
April 7 & 21
June 2 & 23

\$100 per couple

Breastfeeding Courses

ABC's of Breastfeeding

Discusses basics and concerns.

7:00 pm - 9:30 pm

January 9	April 3
February 6	May 1
March 6	

Breastfeeding SOS

Assistance for new moms and
babies learning to breastfeed.
Private appointment.

Call 504.349.6004 (Lila) or
504.349-1301 (Pam)

Caring For Your Newborn

Registered nurse discusses
newborn behavior and care.

1:00 pm - 4:30 pm

January 27	April 28
February 24	May 19
March 31	June 30

"Happy Baby on the Block" Seminar

Hosted by Parenting Center
at Children's Hospital.
Classes Held at WJMC.

7:00 pm - 9:00 pm

January 30	March 20
May 15	

To register, call 504.896.9591
or e-mail
chparenting@lcmchealth.org

Sibling T.L.C.

For children 3 years and older. Prepares
them for arrival of mom's new baby.

10 am / *2:30 pm

January 6*	April 28
February 24	May 5*
March 10*	June 30

Ready to Register?

Have Questions? Leave a Message.
(your call will be returned as soon as possible)

504.349.6200

Other Community Services

Family and Friends CPR

Basic introduction course for
family and friends.

7:00 pm - 9:30 pm

January 16	April 24
February 27	May 22
March 27	June 26

**\$15 per person or
\$25 per couple**

Infant Safety and First Aid

7:00-9:30 pm

February 20	April 10
June 12	

Free Car Seat Checkups

By Appointment
Call 504.349.2173

Mother-Daughter Rap

Breakfast discussion for mothers
and pre-teen girls.

9:00 am - 11:00 am

January 27	March 31
May 19	

\$25 per couple

Babysitters Course for Teens/Young Adults

Must be at least 11 years old.
Condensed Red Cross course. Fee
includes textbook, CD ROM and lunch.

11:00 am - 4:30 pm

TBA

\$55 per person

El Nuevo Centro De Maternidad Clases Prenatales En Espanol

Las clases seran ofrecidas para los actuales y futuros padres: Trabajo de Parto y Nacimiento, Tecnicas de Amamantamiento y Primeros Auxilios. Por favor llamar a Claudia al 504.349.1821 para las fechas de inscripcion.

Most classes are free.

Classes that require a fee are indicated. Pre-registration is required!