

2017 Class Schedule The Family Birth Place



The Family Birth Place

Labor and Birth

Learn what to expect during labor.
Includes tour of The Family Birth Place.

9:00 am - 2:00 pm

July 22	October 14
August 12	November 11
September 9	December 2

Lamaze/Prepared Childbirth

2 day course includes 4 meals
and textbook. Call early in
pregnancy to schedule.

10:00 am - 4:30 pm

July 1 & 15
August 5 & 19
October 7 & 21

\$100 per couple

Breastfeeding Courses

ABC's of Breastfeeding

Discusses basics and concerns.

7:00 pm - 9:30 pm

July 18	October 10
August 1	November 7
September 5	December 5

Breastfeeding SOS

Assistance for new moms and
babies learning to breastfeed.
Private appointment.

Call 504.349.6004 (Lila) or
504.349-1301 (Pam)

Caring For Your Newborn

Registered nurse discusses
newborn behavior and care.

1:00 pm - 4:30 pm

July 29	October 28
August 26	November 18
September 30	December 9

Parenting 101: "Babies Don't Come with Instruction Books"

Support Group:
Breastfeeding Issues
Baby Care Concerns • "Daddy Detail"
Call 504.349-1301
Pam Helmstetter, RN, FACCE, LCCE

"Happy Baby on the Block" Seminar

Hosted by Parenting Center
at Children's Hospital.
Classes Held at WJMC.

7:00 pm - 9:00 pm

July 11	September 26
	November 14

To register, call 504.896.9591
or e-mail
chparenting@lcmchealth.org

Sibling T.L.C.

For children 3 years and older. Prepares
them for arrival of mom's new baby.

10 am / *2:30 pm

July 22*	October 28
August 26	November 11*
September 9*	December 9

Other Community Services

Family and Friends CPR

Basic introduction course for
family and friends.

7:00 pm - 9:30 pm

July 25	October 24
August 29	November 28
September 28	December 12

\$15 per person or
\$25 per couple

Infant Safety and First Aid

7:00-9:30 pm

August 15	October 17
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Free Car Seat Checkups

By Appointment

Call 504.349.2173

Mother-Daughter Rap

Breakfast discussion for mothers
and pre-teen girls.

9:00 am - 11:00 am

July 29	September 30
	November 18

\$25 per couple

Babysitters Course for Teens/Young Adults

Must be at least 11 years old.
Condensed Red Cross course. Fee in-
cludes textbook, CD ROM and lunch.

11:00 am - 4:30 pm

November 24	December 29
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\$55 per person

El Nuevo Centro De Maternidad Clases Prenatales En Espanol

Las clases seran ofrecidas para los actuales y futuros padres: Trabajo de Parto y Nacimiento, Tecnicas de Amamantamiento y Primeros Auxilios. Por favor llamar a Claudia al 504.349.1821 para las fechas de inscripcion.

Ready to Register?
Have Questions? Leave a Message.
(your call will be returned as soon as possible)

504.349.6200

Most classes are free.

Classes that require a fee are indicated. Pre-registration is required!