

## Welcome to the Family Birth Place at West Jefferson Medical Center

**Pain Management:** Our team will work closely with you and your provider to ensure you are as comfortable as possible. We welcome your input and questions regarding obstetric pain management. We will alert you to medication side effects and expected outcomes.

**Contacting Your Nurse:** Please use the call light to call your nurse to the bedside. Also, you may call our Rapid Response Team at 1310 for urgent/emergent medical needs.

**Lactation Support:** All Family Birth Place RN's receive training in breastfeeding support and are ready to assist you 24/7. For more complex issues and needs, we have a team of nationally certified lactation counselors that are available most every shift, including weekends. Our board certified lactation consultant is also available for assistance. Please let your RN know of any special needs or requests...we want you to be successful!

**Infant Security and Visitors:** Because we treat our patients as family, we keep the Family Birth Place a safe and secure unit by having locked front doors and we screen all visitors.

- o Guests must know your name and room number when requesting access to the unit.
- o Share with your family and friends that no guests are allowed to wait in our hallways.
- o Limit your overnight guests to 1 person, minimum age 13.
- o We follow the hospital's visiting hours, and extend them for emergencies.
- o Guests are asked to not bring strollers or infant carriers in the unit.
- o Please keep your patient room door closed.
- o Our staff transports newborns in their cribs; no carrying newborns in your arms in our hallways.
- o Review our handout, "What Parents Need to Know" and share with your family.
- o Recovery time is 1 hour after delivery during which time we limit visitors to 1 person.

see reverse

### **Infection Prevention:**

- o Children other than siblings must be over 13 to visit L&D and over 5 to visit Postpartum.
- o Ask all visitors to wash their hands before and after eating, after using the restroom, and upon entry to your room.
- o Guests with any sign of infection are asked to postpone their visit until they are healthy.
- o No food or beverages are allowed in our birthing rooms.

### **Privacy:**

- o Our team will never release you or your baby's private medical information without your consent. Therefore, we will not provide any information over the phone.
- o Please ask your medical team their permission before videotaping or photographing them-it is their right to decline.
- o Video/photography is not allowed during medical procedures including birth. Never take photos via the Newborn Viewing Window if other newborns are present.
- o Up to two guests are allowed in deliveries. Your provider and nurse have the discretion to limit visitors as needed. If you would like more people in during the birth, please discuss with your provider.

### **Before Going Home....**

- o Birth certificates are completed by Medical Records. Questions? Dial 1750.
- o All babies must go home in a car seat. Questions? If you have questions, please schedule an appointment with our car seat technician. See class schedule.
- o Prescriptions: Walgreens has bedside delivery service. Check with your RN before discharge about this service.

***For assistance prior to admission: Pam 504.349.1301***

***During your stay: Leslie 504.349.2533***