

## **West Jefferson’s Cardiovascular Rehabilitation Program Certified by Industry Leader**

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(Marrero, LA – January 19, 2015) – West Jefferson Medical Center (WJMC) is proud to announce the certification of its cardiovascular rehabilitation program by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). West Jefferson was recognized for its commitment to improving the quality of life by enhancing standards of care.

Cardiovascular rehabilitation programs are designed to help people with cardiovascular problems (e.g., heart attacks, coronary artery bypass graft surgery) recover faster and improve their quality of life. The program includes exercise, education, counseling and support for patients and their families.

“We meet our patient and family’s holistic needs, not only through exercise, but in providing a safe, compassionate, supportive environment allowing one to be involved in their healing and recovery process and achieving positive outcomes,” Monica Bologna, Vice President of Service Line Development at West Jefferson Medical Center.

WJMC’s cardiovascular rehabilitation program participated in an application process that requires extensive documentation of the program’s practices. AACVPR Program Certification is the only peer-review accreditation process designed to review individual programs for adherence to standards and guidelines developed and published by AACVPR and other professional societies. Each program is reviewed by the AACVPR Program Certification Committee and Certification is awarded by the AACVPR Board of Directors.

AACVPR-certified programs are recognized as leaders in the field of cardiovascular and pulmonary rehabilitation because they offer the most advanced practices available. AACVPR Program Certification is valid for three years.

### **About AACVPR**

Founded in 1985, the American Association of Cardiovascular and Pulmonary Rehabilitation is a multidisciplinary organization dedicated to the mission of reducing morbidity, mortality and disability from cardiovascular and pulmonary disease through education, prevention, rehabilitation, research and disease management. Central to the core mission is improvement in quality of life for the patients and their families.