



PROUD MEMBER OF **LCMC** | HEALTH

## *Survivorship*

The Institute of Medicine and National Research Council 2005 report recommends that cancer patients completing their first course treatment be “provided with a comprehensive care summary and follow-up plan that is clearly and effectively explained.” The recommendation suggested that these plans would help cancer survivors who may otherwise get “lost” in the transitions from the care they received during treatment through the phases of their life or stages of their disease course.

The purpose of survivorship is to have the treatment team develop a care plan for the patient. With this care plan in place and in the hand of the patient, it empowers patients to understand and be an active participant in their care after active treatment.

### **The survivorship care plan contains:**

- A record of care received during treatment
- Important disease characteristics
- A follow-up plan designating when follow-up is required or recommended and who is to provide it

In short, the primary aim in providing survivorship to our patients is to improve quality care and quality of life for cancer survivors.

*For More Information, Call*  
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