

2009



FAMILY HEALTH EXPO

Hosted by West Jefferson Medical Center

Saturday, May 30, 2009

10:00 a.m. - 1:00 p.m.

West Jefferson Medical Center • 1101 Medical Center Blvd. • Marrero

Health Screenings • Information • Tours

Free Event for the Public • Activities, Refreshments, Door Prizes and More!



1 Mile Family Fitness Fun Walk

Around WJMC Campus

Saturday, May 30, 2009 • 9:30 a.m.

Registration at 8:45 a.m. • Registration Fee: \$10

Pre-Register by May 22 at the West Jeff Fitness Center at Oakwood or Marrero and Receive:
WJMC Fitness Center T-Shirt • Complimentary 1 Week Workout Pass • Discount Voucher for Massage

Call 348-0055 for More Information

Free Screenings

- Blood Pressure
- Fasting Blood Glucose
- Fasting Cholesterol
- Bone Density
- Vision
- Hearing
- Body Fat
- Grip Strength
- Skin Cancer Screening - *By Appointment 349-1308*
- Diabetic Foot Screening - *By Appointment 349-1308*

Free Services

- Chair Massage
- Fingerprint Kits by Jefferson Parish Sheriff's Office
- Car Seat Check-Ups Compliments of the LA Passenger Safety Task Force
- Childhood Immunizations Compliments of the Greater New Orleans Immunization Network
- Children's Bike Helmets - *While quantities last. Child must be present for fitting.*

Free Fun for Kids/Adults

- Face Painting
- Kiddie Tattoos
- Fingerprint Magnets
- Photo Op with "Jeff the General"
- Photo Op with New Orleans Zephyrs' "Boudreaux"
- BRING YOUR CAMERA**
- Fire Engine and Ambulance Tours
- Much More

Free Tours & Demonstrations

- Family Birth Place - *adults only please*
- Hyperbaric Medicine and Wound Care Center
- CyberKnife Center
- Fitness Center/Aquatic Center
- CPR Antyime™ Demonstration
- LUCAS™ Demonstration

Door Prizes

Free Information

- Sleep Disorders Center
- Prenatal Classes/Lactation Info
- West Jeff Fitness Centers
- Louisiana Passenger Safety Task Force
- Greater N.O. Immunization Network
- The Family Doctors
- Jefferson Parish Sheriff's Office
- Women's Imaging and Breast Care Center
- Rehab Center
- Rehab Connection
- Stroke Team - Awareness and Risk Quiz
- Hyperbaric Medicine and Wound Care Center
- Radiation Therapy/CyberKnife Center
- The Family Birth Place
- Pulmonary Rehabilitation
- American Heart Association
- American Cancer Society
- LOPA - Organ Donation Awareness
- Much More

WDSU-TV
Baby Furniture
Give Away
Visit wdsu.com
for details

Free Activities

- Pre-Teen/Teen Fitness Demonstrations
- World Champion Whistler - Terry Rappold
- Woodmere Elementary "Red Hot Wildcats" Jump Rope Team

Book Signings

Books will be available for purchase in Hospital Gift Shop while supplies last.

- Book Signing and Reading by Cornell Landry, Author of "Goodnight NOLA"
- Illustration Demonstration by Louis Schmitt, Illustrator of "Goodnight NOLA"
- Book Signing by Paul E. Stahls, Jr., Author of "Jefferson Parish - Rich Heritage, Promising Future"

For More Information About The

FREE Health Expo Call 349-2050

West Jefferson Medical Center
Our Family Caring For Your Family™
www.wjmc.org