




OCT 10 – OCT 16, 2018

Breakfast: 6:30-9:30am • Lunch: 11am-2pm • Dinner: 5-7pm **aramark** 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>ENTRÉE Red Beans Sausage Crispy Pork Chop</p>	<p>ENTRÉE Sweet & Sour Chicken Shepard's Pie</p>	<p>ENTRÉE White Beans Sausage Fried Chicken</p>	<p>ENTRÉE Asian Beef Tips Shrimp Alfredo</p>
<p>SIDES Seasoned Spinach Green Beans/Carrots Mashed Potatoes White Rice</p>	<p>SIDES Seasoned Corn Brussels Sprouts Vegetable Lo Mein Egg Roll</p>	<p>SIDES Spicy Collard Greens Roasted Carrots Macaroni & Cheese White Rice</p>	<p>SIDES Garlic Broccoli Stir Fry Vegetables Garlic Toast Cilantro Lime Rice</p>
<p>SOUP Minestrone Italian Wedding</p>	<p>SOUP Minestrone Loaded Baked Potato</p>	<p>SOUP Minestrone Broccoli & Cheddar</p>	<p>SOUP Minestrone Tomato Basil</p>



**Special
Feature**

**Thursday
Seafood
Omelets @
Breakfast**

FRIDAY	SATURDAY	SUNDAY
<p>ENTRÉE Fried Fish Pork Loin w/Gravy</p>	<p>ENTRÉE Lemon-Rosemary Chicken Pork Stew</p>	<p>ENTRÉE Roasted Turkey Battered Fish</p>
<p>SIDES Zucchini & Squash Bacon/Onion Green Beans White Rice Macaroni & Cheese</p>	<p>SIDES Steamed Carrots Seasoned Spinach Mashed Potatoes Yellow Rice</p>	<p>SIDES Creamed Corn Green Peas Mashed Sweet Potatoes Rice Pilaf</p>
<p>SOUP Minestrone Gumbo</p>	<p>SOUP Minestrone</p>	<p>SOUP Minestrone</p>

**Thursday
@ Lunch**

**Roast
Beef &
Hot
Sausage
Po-Boys**