SENIOR SERVICES

In an effort to better serve senior citizens and to provide more offerings, West Jefferson Medical Center Elder Plus is becoming a component of **Thumbs Up Health** in 2012, effective March 1, 2012.

Members of the Elder Plus Program as of March 1, 2012, are eligible for complimentary enrollment in Thumbs Up Health (prior to February 1, 2013).

Rates for first time new members of the Thumbs Up Health Program (who are not Elder Plus members before March 1, 2012) are available at either West Jeff Fitness Center and by calling 504.348.0055 or 504.349.6908.

Dedicated to helping seniors find helpful services, the following addresses frequently requested information is provided:

West Jeff Elder Plus Parking Sticker Replacement - During 2012

Elder Plus stickers will be available, while supplies last, in Guest Services and the Fitness Centers during business hours. In addition, refer to information on Thumbs Up Health for further parking decal information after March 1, 2012.

WJ Blood Pressure Screenings

1st and 3rd Friday of the Month at Budget Saver grocery during Thumbs Up Health offering 11AM – 1PM (corner of Barataria Blvd and Lapalco Blvd.)

Questions about West Jefferson Medical Center Hospital Bills

(WJMC Customer Service Billing Office) and those bills of WJMC employed physicians:

4413 Wichers Drive - Suite 105
Office Hours: Monday – Friday 8 AM to 4:30 PM
Phone: 504.349.1282

WJMC on line bill payment is also available at: www.wjmc.org/OnlinePayment/

see reverse for additional information

Jefferson Council on Aging SHIIP Program

For bills from other providers, help is available.

Senior Health Insurance Information Program (SHIIP) Assistance sponsored by the Jefferson Council on Aging, Inc. (JCOA) is funded by a grant from the Centers for Medicare and Medicaid Services to JCOA.

Free information, counseling and assistance on such topics as Medicare, Medicare Supplement Insurance, Medicare Advantage, Medicaid, Long Term Care Insurance, Prescription Drugs, Other Health Insurance Options is available. The SHIIP counselors can help sort out and reconcile hospital and clinic bills.

SHIP Counseling Hours
Monday – Friday
8:30 AM – 4:30 PM

Phone: 888.5880
Email: ship@jcoa.net

Council on Aging

The Jefferson Council on Aging, Inc. (JCOA) provides many other services including: Information and Assistance, Transportation, Congregate Meals, Home Delivered Meals, Utility Assistance, Legal Services, Health Insurance Counseling, Senior Employment and In-Home Services including Homemaker, and Personal Care and Respite.

JCOA operates eleven Multipurpose Senior Centers conveniently located in communities throughout Jefferson Parish. In addition, services through our National Family Caregiver Support Program provide multi-faceted systems of support for caregivers, regardless of age, who are caring for an older individual. This also includes service to relative caregivers age 60+ who are caring for children age 18 or less who have developmental disabilities.

For more information and eligibility guidelines about any of the JCOA services, call JCOA Aging & Disability Resource Center at 504.888.5880 or toll free: 800.635.1437.