



OAKWOOD

GROUP FITNESS CLASS SCHEDULE MARCH 2015

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM	 Stacy • 60 minutes		 Stacy • 60 minutes		 Stacy • 30/30 minutes 	
8:00 AM	 Jim 60 minutes • AR2	 Annette • 60 minutes		 Annette • 60 minutes		 Catherine • 60 minutes
8:30 AM	 Annette • 60 minutes		 Annette • 60 minutes		 Annette • 60 minutes	
9:00 AM		 Sally • 60 minutes		 Sally • 60 minutes		 Deborah • 60 minutes
9:30 AM	 Amanda • 75 minutes • AR2		 Annette 45 minutes • AR2		 Amanda • 75 minutes • AR2	Sunday
	 Duplicated Class of 10:15AM Annette • 45 minutes		 Duplicated Class of 10:15AM Debbie • 45 minutes		 Duplicated Class of 10:15AM Debbie • 45 minutes	 Sunday • 9AM
10:15 AM	 Annette • 45 minutes	 Annette • 45 minutes • AR2	 Annette • 45 minutes • AR2	 Annette • 45 minutes • AR2	Silver Sneaker Classic 	
		 Sally • 45 minutes	 Debbie • 45 minutes	 Sally • 45 minutes	 Debbie • 45 minutes	
11:30 AM	 Ron • 30 minutes		 Ron • 30 minutes			
1:00 PM		 Jean • 60 minutes		 Daric • 60 minutes 		
5:00 PM	 Catherine • 45 minutes	 Catherine • 45 minutes	 Ben • 45 minutes			
5:30 PM	 Jerry • 60 minutes • AR2		 Stacy • 60 minutes		 Stacy • 30/30minutes 	
5:45 PM		 Stacy • 60 minutes		 Jerry • 60 minutes		
6:00 PM	 Susan • 60 minutes 			 Annette • 30 minutes • AR2		
6:30 PM	 Ben • 60 minutes	 Jean • 60 minutes	 Stacy • 45 minutes	 Amanda • 30 minutes • AR2		