



Watch for Mindful Menu Solutions...

<https://www.mindful.sodexo.com>

Would you like to calculate
your nutritional information for
your meal? Try this web site:

<http://www.balancemindbodysoul.com/balance/campus.asp>

Hours

Breakfast 6:30 AM – 9:30am
Lunch 11:00 AM – 2:00 PM
Dinner 5:00 PM – 7:00 PM

Managers

Tom Monfort General Manager
Ed Fleming Operations Manager
Brandon Falls Executive Chef
Jamie Hooks Patient Services
Simone Walker Clinical Nutrition

*Menu items subject to change

West Jefferson Medical Center Cafeteria

Monday

Breakfast Special: Breakfast Croissant
Hotline: Almond Encrusted Chicken Breast[☺], Red Beans & Rice, Smoked Sausage, Capri Blend Vegetables, Corn Nuggets, French Cut Green Beans, Yellow Rice
Grill Special: Beef Philly Cheesesteak
Innovations: Greek Gyro
Soups: Turkey Chili, Broccoli Cheddar Soup

Tuesday

Breakfast Special: Omelets
Hotline: Cuban Mojo Pork Loin, Breaded Cubed Steak, Dirty Rice, Glazed Carrots, Mashed Potatoes, Collard Greens
Grill Special: Roast Beef & Cheddar Sub
Innovations: Beef Taco Shell Bowl
Soups: Vegetable Beef Soup, Chicken & Sausage Gumbo
Take Home Meal: Rotisserie Chicken (Lunch & after 3:00 PM)

Wednesday

Breakfast Special: Big Breakfast Sandwich
Hotline: Salisbury Steak, Baked Chicken, Twice Baked Potatoes, Butter Beans, Broccoli Florets, Corn
Grill Special: Patty Melt
Innovations: Closed
Soups: Corn Chowder, US Senate Bean Soup

Thursday

Breakfast Special: Pancakes
Hotline: Rosemary Turkey Breast, Glazed Ham, Cornbread Stuffing, Green Beans, Candied Yams, Green Peas
Grill Special: Closed
Innovations: Closed
Soups: Minestrone Soup
Take Home Meal: Closed

Friday

Breakfast Special: French Toast
Hotline: Meat Lasagna, Fried Fish, Baked Fish[☺], Rice Pilaf, Country Kitchen Vegetables, Roasted Red Potatoes
Grill Special: Closed
Innovations: Closed
Soups: Tomato Bisque



Join us this Thursday for a
traditional Thanksgiving Day
lunch of turkey, ham,
dressing, peas, green beans,
and cranberry sauce.

sodexo
QUALITY OF LIFE SERVICES