



RECIPES

Raspberry Creamsicle Smoothie

INGREDIENTS:

- 2 cups frozen raspberries
- 1 cup orange juice
- 1 cup Cabot 2% Vanilla Bean Greek-Style Yogurt
- 2 Tbsp pure maple syrup (optional)

INSTRUCTIONS:

1. In blender, combine raspberries, orange juice, yogurt and maple syrup. Puree on high speed for about 45 seconds or until completely smooth. Serve immediately

Makes 2 (1 ½ cup servings)

*For more recipes, visit wjmc.org/recipes
or call 504.349.1232*



Adapted from: <http://www.cabotcheese.coop/recipes/raspberry-creamsicle-smoothie>